

2012 PANTHER CROSS COUNTRY

The 2012 cross country season saw a decrease of 5 in the total number of participants, with both the boys and girls fielding full teams. Twenty-three athletes in grades 7-12 participated. The breakdown was 16 girls (no change from 2011) and 7 boys (a decrease of 5 from 2011). There were 3 senior girls (Jenna Fossum, Aubrey Hovland and Tashal Trottier) and 1 senior boy (Kyle Halvorson).

The teams participated in 11 meets. The varsity girls won 3 meets and finished in the top five as a team 10 times. The girls were Region Runner-Up for the fifth time in school history, second year in a row, and State Runner-Up for the first time in school history. This is the thirteenth time in school history they have finished in the top five at State. The varsity boys won no meets and finished in the top five as a team 4 times. The boys were fifth place at Region and twelfth at State. This was the fifth year in a row that either the girls or boys team has finished in the top 2 at state and eighth year in a row that we have had a top 5 team finisher. The girls team received the Team Scholar Award given by the North Dakota High School Activities Association.

The girls placed 2 runners on the All-Region team (Lauren Christenson - 9th - third year, Allison Foster - 20th - first year) and 1 runner on the All-State team (Lauren Christenson - 10th - third year). The boys had 1 All-Region runner (Tanner Bernhardt - 15th - second year) and no runners on the All-State team.

An elementary race was run at the 19th Annual Rugby Booster Club Invitational for the 14th straight year. 17 girls and 25 boys from Rugby participated in the elementary race of 1600 meters which was open to all the schools that attended the meet. A total of 74 girls and 72 boys ran in the races. Mykell Heidlebaugh was the top Rugby elementary girl finishing in 23rd place. Dawson Schepp was the top Rugby elementary boy finishing in 8th place. Coach Schmaltz and Coach Meyer held elementary practices for about a month before our home meet.

Head Coach - Bill Jansen
Assistant Coach - Christine Schmaltz
Elementary Coach/Volunteer - Kellie Meyer

AWARDS

	<u>Girls</u>	<u>Boys</u>
Most Valuable.....	Lauren Christenson (Freshman)	Tanner Bernhardt (Sophomore)
Most Dedicated	Hannah Christenson (Junior) Allison Foster (Sophomore) Bailey Nelson (Sophomore)	Nolan Hovland (Sophomore)
Most Improved.....	Bailey Nelson (Sophomore) Tristin Lunde (7th Grade)	Nolan Hovland (Sophomore)

LETTER WINNERS

<u>Girls</u>	<u>Boys</u>
Jenna Fossum - Senior (3 years)	Kyle Halvorson - Senior (5 years)
Aubrey Hovland - Senior (5 years)	Tanner Bernhardt - Sophomore (4 years)
Tashal Trottier - Senior (2 years)	Brady Fossum - Sophomore (1 year)
Hannah Christenson - Junior (4 years)	Nolan Hovland - Sophomore (2 years)
Jessica Blessum - Sophomore (1 year)	Noah Kraft - Sophomore (2 years)
ReeAnn Christianson - Sophomore (1 year)	Tyler Schmaltz - Freshman (2 years)
Canya Fly - Sophomore (2 years)	John Mueller - 8th Grade (2 years)
Allison Foster - Sophomore (3 years)	
McKenzie Johnson - Sophomore (3 years)	
Sierra Jundt - Sophomore (1 year)	
Camille Klein - Sophomore (3 years)	
Bailey Nelson - Sophomore (2 years)	
Alexis Thompson - Sophomore (3 years)	
Lauren Christenson - Freshman (3 years)	
Tristin Lunde - 7th Grade (1 year)	
Jacquelyn Blessum - 7th Grade (1 year)	